

+ Astaxanthin  
+ Lycopene  
+ Vitamin E

## Myra Ultimate

Dietary Supplement

### NO APPROVED THERAPEUTIC CLAIMS

#### WHAT IS IN THE PRODUCT?

Myra Ultimate contains astaxanthin, vitamin E and lycopene which help fight signs of skin aging, with continued use, proper diet & exercise. Its main active ingredient is astaxanthin, a breakthrough skin nutrient that helps reduce fine lines and lighten dark spots.

Myra Ultimate contains astaxanthin, an antioxidant known to reduce signs of aging. Astaxanthin is a type of carotenoid produced by algae, found to be more effective than vitamin C and  $\beta$ -carotene.

#### HOW MUCH AND HOW OFTEN SHOULD YOU USE THE PRODUCT?

As dietary supplement for adults, take 1-2 softgel capsules daily. Best taken at night or before bedtime.

#### Nutrition Information

Serving Size: 1 softgel capsule

Amount Per Serving		
Energy, kcal	0.6	Calories from fat 0.19 Kcal
	Amount per capsule	% RNI*
Total Fat (g)	0.40	**
Saturated Fat (g)	0.06	**
Monounsaturated Fat (g)	0.26	**
Polyunsaturated Fat (g)	0.05	**
Trans Fat (g)	0	-
Cholesterol (mg)	0	-
Sodium (mg)	0	-
Total Carbohydrate (g)	0	-
Dietary Fiber (g)	0	-
Sugar (g)	0	-
Total Protein (g)	0	-
Astaxanthin (from <i>Haematococcus pluvialis</i> algae extract)	2 mg	-
Lycopene	1.8 mg	-
Vitamin E (as d-alpha Tocopherol)	10 IU (6.67 mg $\alpha$ -TE)	55.58%

\* RNI, Recommended Energy and Nutrient Intakes, 2002 edition

Reference Age: Female Adults, 19 - 29 years old

\*\* contains less than 2 % RNI

- .No RNI value

#### WHAT ARE THE STORAGE CONDITIONS OF THE PRODUCT?

Store at temperatures not exceeding 25°C, protected from heat and light.

For more information visit <https://www.myra.com.ph/product/myra-ultimate/>